PAUL ROBERT STRICKER, M.D., FAAP

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Pediatric, Adolescent and Adult Sports Medicine
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PERSONAL INFORMATION

Date of Birth: April 27, 1960 Place of Birth: Rolla, Missouri

EDUCATION

1978	John F. Hodge High School; St. James, MO
1978-1982	Missouri Science & Technology; Rolla, MO; B.S. in Life Science
1982-1985	University of Missouri-Columbia School of Medicine; Columbia,
	MO
1985-1986	University of Texas Health Science Center at Dallas / Texas
	Southwestern Medical School; Dallas, TX; Research in Sports
	Medicine
1986-1987	University of Missouri-Columbia School of Medicine; M.D.

PRE-GRADUATE EMPLOYMENT

1979-1983	Volunteer assistant to physician; Phelps County Regional Medical
	Center; Rolla, MO
1987-1988	Big Brother at Shelterwood Troubled Teens Home; Branson, MO

POST-GRADUATE TRAINING

1988-1991	Pediatric Internship and Residency; Arkansas Children's Hospital /
	University of Arkansas for Medical Sciences; Little Rock, AR
1991-1993	Fellowship, Primary Care Sports Medicine; University of
	California, Los Angeles (UCLA); Los Angeles, CA

HONORS

High school Valedictorian, 1978 Curators Scholastic Scholarship, 1978-1982 Athletic Scholarship, 1978-1982 Phi Eta Sigma, 1979 Who's Who Among American Colleges, 1982 Outstanding Young Men of America, 1986 NCAA All-American Swimmer, 1987

Pediatric Resident Grand Rounds Award, 1991

Selection as Physician for the USA Delegation for the Olympics, 2000

America's Top Pediatricians (selection by the Consumer Research Council)

President, American Medical Society for Sports Medicine, 2006-2007

Honorary Professional Degree (Univ. of Missouri Science & Technology), 2006

Honorable Mention Award from Midwest Independent Publishers Association for Authored book *Sports Success Rx!—Your Child's Prescription for the Best Experience*, 2007

Alumni Achievement Award from Univ of Missouri Science & Technology, 2008 Placement into Cambridge Who's Who, 2009

Alumni of Influence/Remarkable Alumni Award from Univ. of Missouri Science & Technology, 2011

ACADEMIC and CLINICAL APPOINTMENTS

1991-1993	Clinical Instructor, UCLA Division of Family Medicine
1991-1993	Preceptor, UCLA Department of Pediatrics
1993-1999	Assistant Professor, Department of Orthopaedics / Rehabilitation;
	Assistant Professor, Department of Pediatrics;
	Vanderbilt University Medical Center; Nashville, TN
1999-2000	Associate Professor, Department of Orthopaedics / Rehabilitation;
	Associate Professor, Department of Pediatrics;
	Vanderbilt University Medical Center, Nashville, TN
2000-present	Staff Physician, Scripps Clinic Sports Medicine; La Jolla, CA
2002-2005	Assistant Clinical Professor, Voluntary, UCSD Dept. of Pediatrics
	and Children's Hospital of San Diego; San Diego, CA
2004-2005	Associate Clinical Professor, Voluntary, UCSD Dept. of Pediatrics
	and Children's Hospital of San Diego; San Diego, CA

PROFESSIONAL SOCIETIES & COMMITTEES

American Academy of Pediatrics (AAP), 1988-present

Resident Representative to Resident's Section of the AAP, 1989, 1990

American College of Sports Medicine, 1989-present

U. S. Swimming Sports Medicine Society, 1989-present

American Medical Society for Sports Medicine (AMSSM), Charter Member 1992

Fellow of the American Academy of Pediatrics, 1992-present

Member, AAP Council on Sports Medicine and Fitness, 1993-present

Member, Tennessee Pediatric Society, 1993-2000

Associate Member, National Athletic Trainers Association, 1994-2000

Member, U. S. Olympic Sports Medicine Society, 1994-present

Planning Committee, 2000 AAP Pediatric/Adolescent Sports Medicine Course

Medical Advisory Board, The Delta Fitness Center, Nashville, TN, 1999

Planning Committee, 2002 AAP Pediatric/Adolescent Sports Medicine Course

PROFESSIONAL SOCIETIES & COMMITTEES (continued) Paul R. Stricker, MD

Affiliate Member, National Council for Youth Sports, 2002-present
Pediatric Liaison, American Medical Society for Sports Medicine, 2002-present
Pediatric Sports Medicine Committee, Local AAP Chapter, 2003
Practical Pediatrics Courses, Rotating Faculty, 2003-present
Publications Committee Chairman, AMSSM, 2000-2006
Program Committee Chairman, 2006 AAP Practical Pediatrics Sports Med Course

Program Committee Chairman, 2006 AAP Practical Pediatrics Sports Med Course Program Committee Chairman, 2008 AAP Practical Pediatrics Sports Med Course Cambridge Who's Who, 2009-present

ELECTED and APPOINTED POSITIONS

List of Experts, ATLX Channel, 2013

Appointed Member, U. S. Swimming Sports Medicine Council, 1994-1996 U.S.A. Swimming National Team Physician, 1996-2004 Executive Committee, American Academy of Pediatrics Committee on Sports

Medicine & Fitness, 1999-2006 **Appointed Team Physician, U. S. Olympic Team; Sydney, Australia, 2000**Board of Directors, American Medical Society for Sports Medicine, 2000-2008 Program Chairman, 2004 American Medical Society for Sports Medicine

National Convention 2nd Vice President, American Medical Society for Sports Medicine, 2004-2005 Lead Medical Consultant; U. S. Olympic Training Center; Chula Vista, CA,

2004-2009
President-elect, American Medical Society for Sports Medicine, 2005-2006
Program Director, 2002-2008 AAP Pediatric/Adolescent Sports Medicine Courses
President, American Medical Society for Sports Medicine, 2006-2007
International Consultant, Nutrimed Nutrition Institute—Beijing, China, 2009-10
Board of Experts, TheGoSite, 2013

CERTIFICATION

Federal Licensure Exam (FLEX), 1987
Missouri Medical License, 1991-1993
California Medical License, 1991-present
Board Certification, Pediatrics, 1992
Tennessee Medical License, 1993-2000
Certificate of Added Qualification (CAQ), Sports Medicine, 1993
Board Re-certification, Pediatrics, 2000
Re-certification, Sports Medicine Certificate of Special Qualification (CSQ), 2002
Board Re-certification, Pediatrics, 2007
Re-certification, Sports Medicine, 2013

Reviewer of manuscripts, *Medicine & Science in Sports & Exercise*; 1994-95 Reviewer of manuscripts, *Pediatrics*; 1997-present Editorial Board, *Sports Medicine Digest*; 1998-2004 Angoff Committee for 1999 Sports Medicine CAQ Examination; AAP rep, 1999 Editorial Board, *Healthy Children Magazine*; 2006-present

TEACHING RESPONSIBILITIES

Medical Student lecture series on Joint Examination

Sports Medicine lecture series for Pediatric and Internal Medicine residents

Director, Sports Medicine Elective Rotation for Primary Care residents;

Vanderbilt University, Nashville, TN

Director, Primary Care Sports Medicine Fellowship; Vanderbilt University

Pediatric Resident lectures; Children's Hospital of San Diego, CA

GRANTS

Sports Medicine Research Grant; University of Texas Health Science Center at Dallas / St. Paul Human Performance Center; Dallas, TX, 1985-1986

Scripps Clinic Research Grant; Youth Sports Pressure; San Diego, CA 2013

ABSTRACTS

Clifford PS, Coast JR, Swain MC, Stricker PR, Stray-Gundersen J. Prediction of oxygen consumption from heart rate during cycling. The International Congress on Medical and Scientific Aspects of Cycling, 1986.

Stricker PR, Komoroski EM, Hardin B, et al. Body image satisfaction and fitness perception in adolescent females in school sports. *Medicine and Science in Sports and Exercise, supplement*, 1992. (Presented at the American College of Sports Medicine annual meeting; Dallas, TX, 1992)

Stricker PR, Hardin B, Puffer JC. Abdominal injury in a football player. *Medicine and Science in Sports and Exercise, supplement*, 1992. (Presented at the American College of Sports Medicine annual meeting; Dallas, TX, 1992)

Stricker PR, Spindler KP, Gautier K. Prospective evaluation of history and physical examination variables to determine radiography in acute ankle injuries. (Poster presentation at the American Medical Society for Sports Medicine annual meeting; Hilton Head, SC, 1995)

PUBLICATIONS

Stricker PR, Hardin BH, Puffer JC. Unusual presentation of liver laceration in a thirteen year old football player. *Medicine and Science in Sports and Exercise* 25(6):667-672, 1993.

Stricker PR, Puffer JC. Renal laceration and rib fracture in a skateboarder. *Physician and Sportsmedicine* 21(8):59-68, 1993.

Wyrsch RB, Spindler KP, Stricker PR. Scapular fracture in a professional boxer. *J Shoulder Elbow Surg* 4(5):395-398, 1995.

Stricker PR. Knee and ankle disorders. *Pediatrics in Review* 18(11-CD), 1997.

Stricker PR, Spindler KP, Gautier K. Prospective evaluation of history and physical examination variables to determine radiography in acute ankle sprains. *Clinical Journal of Sports Medicine* 8(3):209-214, 1998.

Stricker PR. Swimming: A case-based approach to exercise-induced asthma and rotator cuff tendonitis. *Pediatric Annals* 29(3):166-171, 1999.

Stricker PR. The sports medicine kit – Basics of the bag. *Pediatric Annals* 31(1):14-17, 2002.

Stricker PR. Sports training issues for the pediatric athlete. *Pediatr Clin N Amer* 49:793-802, 2002.

Stricker PR, Moriarity J, O'Connor FG. Concussions. *New England J Med* 356:1787-1788, 2007.

McCambridge TM, Stricker PR. Strength training by children and adolescents. (AAP Policy Statement) *Pediatrics* 121:835-840, 2008.

Stricker PR. Sports Skill Development in Kids. (Invited Commentary) *Curr Sport Med Rep* 8:109-110, 2009.

NATIONAL PUBLICATIONS, MAGAZINES and INTERNET

Stricker PR. Ergogenic Aids. *Healthy Athlete* at www.bewell.com, 2000
Stricker PR. Children's Sports Medicine. Best Doctors in America /
HealthCentral at www.HealthCentral.com/bestdoctors/Allprofiles.cfm, 2000
Stricker P. Children & obesity—a sports medicine perspective. *American Council on Exercise Certified News*, Vol. 10 No. 5, 2004
Stricker P. Epidemic of overtraining. *AAP News*, www.aapnews.org, Feb. 2005

Featured in national publications about sports medicine topics: USAToday (2001), Sacramento Bee (2001), Keeping Well (2001), Woman's Day (2001), Sacramento Bee (2002), Atlanta Constitution (2003), US News & World Report (2004), SLY Fitness Magazine (2005), Boy's Life Magazine (2005), San Diego Union Tribune (2005), SportingKid Magazine (2005), AZ Health Magazine (2005), Parent to Parent newspaper column (2006), Today's Dietician (2006), The New York Times (2006), Cookie Magazine (2007), The Columbus Dispatch (2008), San Diego Union Tribune (2011), local New York Times (2013), Huffington Post (2013) Washington Post (2014)

Wrote the Forward for: Branner, Toni. *The Care and Feeding of an Athlete*. Blue Water Press, North Carolina, 2007

BOOK (Sole Author)

Stricker, PR. Sports Success Rx!—Your Child's Prescription for the Best Experience. Chicago, American Academy of Pediatrics, 2006 (Granted Honorable Mention Award by Midwest Independent Publishers Association, 2007)

MEDICAL TEXTBOOK CHAPTERS

Stricker PR, Green GA. Infections in Athletes. *In* Mellion MB (Ed): Sports Medicine Secrets. Philadelphia, Hanley & Belfus, Inc., 1994, pp. 162-165.

Stricker PR, Puffer JC. Swimming. *In* Mellion MB (Ed): Sports Medicine Secrets. Philadelphia, Hanley & Belfus, Inc., 1994, pp. 376-371.

Stricker PR, Puffer JC, Kadell B. Abdominal Injuries and their Radiographic Assessment. *In* Halpern B, Herring SA (Eds): Imaging in Musculoskeletal and Sports Medicine. Malden, Blackwell Science, 1997, pp. 183-194.

Stricker PR. Other Ergogenic Agents. *In* Robinson J (Ed): Clinics In Sports Medicine 17(2), 1998, pp. 283-298.

Stricker PR, Green GA. Infections in Athletes. *In* Mellion MB (Ed): Sports Medicine Secrets 2nd Ed. Philadelphia, Hanley & Belfus, Inc., 1999, pp.165-168.

Stricker PR, Puffer JC. Swimming. *In* Mellion MB (Ed): Sports Medicine Secrets -2^{nd} Ed. Philadelphia, Hanley & Belfus, Inc., 1999, pp. 396-401.

Stricker PR. Acute Illnesses in Athletes. *In* Sullivan JA, Anderson SJ (Eds): Care of the Young Athlete. American Academy of Orthopaedic Surgeons and American Academy of Pediatrics, 2000, pp. 213-218.

Stricker PR, Cleveland E. Preparticipation Physical Examination. *In* Garrett WE, Kirkendall DT, Squire DL (Eds): Principles & Practices of Primary Care Sports Medicine. Philadelphia, Lippincott Williams & Wilkins, 2001, pp. 11-22.

Stricker P, Spindler K. Patellar / Quadriceps Tendinitis. *In* Bracker MD (Ed): The 5-Minute Sports Medicine Consultant. Lippincott Williams & Wilkins, 2001, pp. 246-247.

Stricker P. Molluscum Contagiosum. *In* Bracker MD (Ed): The 5-Minute Sports Medicine Consultant. Lippincott Williams & Wilkins, 2001, pp. 474-475.

Stricker PR, Wasilewski C. Apophysitis. *In* Puffer JC (Ed): Twenty Common Problems in Sports Medicine. New York, McGraw-Hill, 2002, pp. 353-366.

Stricker PR, Van Heest JL. Strength Training and Endurance Training for the Young Athlete. *In* Birrer R, Griesemer B, Cataletto M (Eds): Pediatric Sports Medicine in Primary Care. Lippincott Williams & Wilkins, 2002, pp. 83-94.

Stricker PR, Puffer JC. Swimming. *In* Mellion MB, Putukian M, Madden C (Eds): Sports Medicine Secrets – 3rd Ed. Philadelphia, Hanley & Belfus, Inc., 2003, pp. 467-471.

Stricker PR. Acute Illnesses in Athletes. *In* Anderson SJ, Harris S (Eds): Care of the Young Athlete—2nd Edition. American Academy of Pediatrics, 2010, pp. 227-230.

Stricker PR. Acute Shoulder Injuries in Young Athletes. *In* Anderson SJ, Harris S (Eds): Care of the Young Athlete—2nd Edition. American Academy of Pediatrics, 2010, pp. 355-364.

Stricker PR. Chronic Shoulder Injuries in Young Athletes. *In* Anderson SJ, Harris S (Eds): Care of the Young Athlete—2nd Edition. American Academy of Pediatrics, 2010, pp. 369-374.

AUDIOTAPES

American Academy of Pediatrics CME Audiotape Series AAP-Update, "Pediatric Sports Medicine;" Moderator and Participant; Cincinnati, OH, 1996

Kids and Fitness, "Special Reports" TV video with Joan Lunden, LA, CA, 1992

Sports Development in Children, "Talk of the Town" show, Nashville, TN, 1994

Injury and the Female Athlete, Channel 5 News, Nashville, TN, 1994

Training in the Heat, Channel 5 News, Nashville, TN, 1998

Tennessean High School Sports Show "Medical Minute," Nashville, TN, 1999

Stress in Children's Sports, Channel 2 News, Nashville, TN, 1999

Little League Injuries, Channel 5 News, Nashville, TN, 1999

Soccer Safety, Channel 5 News, Nashville, TN, 1999

Competitive Kids, Internetwork News / NBC, 2000

Olympic Sports Medical Team, WB-TV, 2000

Olympic Preparation, KNSD-TV, San Diego, CA, 2000

Sports Injury Hit List, Internetwork News / NBC, 2000

Olympic Swimming Team Prepares for Flu Season, Roche Pharmaceuticals Media Presentation Video, 2000

Overtraining Injuries in Youth Sports, KOGO-AM News Radio, 2002

Protective Equipment for Youth Extreme Sports, and Nutrition for Youth Sports,

"The Mommy Minute" Series; Z Communications Radio, 2002

Overuse Injuries in Young Athletes, FOX-TV; 2003

Designer Steroids and THG, KUSI-TV; 2003

Injury Prevention in the Weekend Warrior, KUSI-TV; 2004

The High Pressure of Youth Sports, KFMB-TV, 2006

Mixed Martial Arts and Youth, ESPN National Feature "Outside the Lines," 2008

Youth Sports Issues, Channel 6 News CW-TV; 2011

Concussions in youth sports, Channel 7 News, San Diego; 2013

Mixed Martial Arts for Children, Nightline; 2013

Mixed Martial Arts, Huffington Post Online; 2013

CrossFit for Kids, Good Morning America; 2013

Concussions in Youth Sports, ATLX channel online; 2013

RADIO and SATELLITE RADIO

University of Missouri Science & Technology Radio Show, 2006

The Parents Journal with Bobbi Conner Radio Show, 2007

Your Child's Health with Dr. Sue Hubbard Radio Show, 2007

Hawk on Health with Heather Hawk Radio Show, 2007

ReachMD Satellite Radio—Series of 4 different segments regarding issues about youth sports, 2008

Championship Thinking in Sports Internet Radio show, 2010

KPBS Radio, 2011

Volunteer Assistant to Physician; US Olympic Wrestling Team Training Camp, Big Bear Lake, CA, 1984

Volunteer Medical Personnel; Third World Olympic Wrestlers, Summer Olympic Games, Los Angeles, CA, 1984

Physician coverage for junior high / high school athletic events; Little Rock, AR, 1988-1991

Team Physician, US Swimming National Team, 1989-present

Team Physician, US Swimming Developmental Camp, US Olympic Training Center, Colorado Springs, CO, 1991

Team Physician, UCLA Varsity Athletics, Los Angeles, CA, 1991-1993

Physician, UCLA Student Health Orthopedic/Sports Clinic; Los Angeles, CA, 1991-1993

Team Physician, Santa Monica High School athletics, Santa Monica, CA, 1991-1993

Sports Medicine Liaison, US Olympic Festival; Los Angeles, CA, 1991

Physician, Terry Donahue Football Camp; Irvine, CA, 1992

Medical Staff, US Transplant Games; Los Angeles, CA, 1992

Team Physician, USA Basketball Women's Junior Select Team; Toronto, Canada, 1992

Physician, Pac-10 Swimming Championships; Long Beach, CA 1992, 1993

Faculty Physician, Vanderbilt Sports Medicine Center; Nashville, TN, 1993-2000

Team Physician, Vanderbilt University Varsity Athletics; Nashville, TN, 1993-2000 (Primary responsibilities for Men's and Women's Basketball and Men's and Women's Soccer

Volunteer Physician, US Olympic Training Center; Colorado Springs, CO, 1994

Physician, US Gymnastics National Championships, Nashville, TN, 1994

Physician, US Olympic Sports Festival; Denver, CO, 1995

Physician, US Swimming World University Games Camp; Stanford, CA, 1995

Physician, US Soccer Under-18 and Under-16 National Teams, 1997-1998

Physician, US Swimming Short Course World Championships; Sweden, 1997

Physician, Salernofollarosport Junior World Cup; US Soccer Under-16 Boy's National Team; Salerno, Italy, 1997

Physician, (US Olympic Committee selection); World University Games, Swimming and Diving; Sicily, Italy, 1997

Physician, NCAA Women's Basketball Eastern Regional Finals; Vanderbilt University, Nashville, TN, 1998

Physician, USA Basketball Women's Select Team Tour; Puerto Rico, Poland, and Spain, 1998

Head Physician (US Olympic Committee selection), USA Delegation; World University Games, Mallorca, Spain, 1999

Physician, USA Swimming National Team, Pan Pacific Championships; Sydney, Australia, 1999

PROFESSIONAL SPORTS MEDICINE ACTIVITIES (cont.) Paul R. Stricker, MD

- Team Physician, University of San Diego Varsity Athletics; San Diego, CA, 2000-2002
- Volunteer Physician, Arco Olympic Training Center; Chula Vista, CA, 2000present
- Physician, USA Swimming Olympic Trials, Indianapolis, IN, 2000

Physician (US Olympic Committee selection), US Olympic Team; Sydney, Australia, 2000

- Physician, US Junior National Men's Gymnastics Championships, San Diego, CA, 2002
- Lead Medical Consultant, US Olympic Training Center, Chula Vista, CA, 2004-present
- International Sports Competition (Softball, Volleyball); San Diego, 2005

PRESENTATIONS

- Pediatric Grand Rounds; Little Rock, AR, 1991
- National Association of Pediatric Nurse Associates and Practitioners Los Angeles Chapter; Lecture Faculty, 1992
- Sports Medicine for the Primary Care Physician Conference; Splinting and Casting Workshop; Anaheim, CA, 1992
- Primary Care Sports Medicine Conference; Shoulder Workshop; Park City, UT, 1993
- Primary Care Sports Medicine Conference; Lecture Faculty; Newport Beach, CA, 1993
- Tennessee Athletic Trainers Society Annual Meeting; Lecture Faculty; 1994
- Sports Medicine for the Primary Care Physician Conference; Lecture Faculty; St. Joseph Medical Center, Wichita, KS, 1994
- Pediatric Grand Rounds; Huntsville Hospital, Huntsville, AL, 1995
- CME Lecture; Clarksville Hospital, Clarksville, TN, 1995
- Upper Cumberland Medical Society Annual Meeting; Lecture Faculty; Fairfield Glade, TN, 1995
- AMSSM Annual Meeting Poster Presentation; Hilton Head, SC, 1995
- Orthopaedic Grand Rounds; Vanderbilt University, Nashville, TN, 1995
- Sports Medicine for the Physician; Lecture Faculty; Vail, CO, 1996
- Coaches CME Sports Medicine Course; Lecture Faculty; Murray, KY, 1996
- American Orthopaedic Society for Sports Medicine Annual Meeting; Invited Exchange Lecture (representing the American Medical Society for Sports Medicine), Orlando, FL, 1996
- Pediatric Grand Rounds; Meharry Medical School, Nashville, TN, 1997
- Sports Medicine Symposium; Lecture Faculty; University of Wisconsin Medical School, Madison, WI, 1997
- Pediatric Grand Rounds; Vanderbilt University Medical Center; Nashville, TN, 1998

- Orthopaedic Grand Rounds; Vanderbilt University Medical Center; Nashville, TN, 1998
- Pediatric Asthma: Promoting Best Practice; Lecture Faculty, Washington, DC, 1998
- Southwest Virginia Pediatric Conference; Lecture Faculty, Abingdon, VA, 1998 Advanced Team Physician Course; Lecture Faculty, Orlando, FL, 1998
- American Medical Society for Sports Medicine Annual Meeting; Lecture Faculty, Hilton Head, SC, 1999
- American Academy of Pediatrics; Spring Session; Lecture Faculty, Chicago, IL, 1999
- American College of Sports Medicine Annual Meeting; Clinical Group Discussion, Seattle, WA, 1999
- American Academy of Pediatrics Annual Meeting; Lecture Faculty; Washington, DC, 1999
- Pediatric and Adolescent Sports Medicine Course; Lecture Faculty; Lake Tahoe, CA, 2000
- National Athletic Trainers Association Annual Meeting; Invited Faculty, Nashville, TN, 2000
- Washington Regional Medical Center Sports Medicine Course; Lecture Faculty, Fayetteville, AR, 2000
- American Academy of Pediatrics Annual Meeting; Lecture Faculty, Chicago, IL, 2000
- Medical Grand Rounds; Scripps Clinic, La Jolla, CA, 2001
- Medical Advances for the Dentist; Lecture Faculty, San Diego, CA, 2001
- Donald Delaney Grand Rounds; Children's National Medical Center; Washington, DC, 2001
- Pediatric Grand Rounds; Arkansas Children's Hospital; Little Rock, AR, 2001
- Emergency Medicine Grand Rounds; University of Arkansas for Medical Sciences; Little Rock, AR, 2001
- Scripps Clinic Primary Care for Practitioners; Invited Faculty; San Diego, CA, 2001
- American Academy of Pediatrics Convention and Exhibition; Lecture Faculty; San Francisco, CA, 2001
- Sports Medicine for the School Age Athlete; Invited Lecture Faculty; Vanderbilt University, Nashville, TN, 2002
- Pediatric and Adolescent Sports Medicine Course; Planning Group and Lecture Faculty; Kiawah Island, SC, 2002
- American Academy of Pediatrics National Convention and Exhibition; Lecture Faculty; Program Chairman for Sports Medicine Section, 2002
- American Medical Society for Sports Medicine National Convention; Invited Lecture Faculty, San Diego, CA, 2003
- Health Prevention & Nutrition; San Diego, CA, 2003
- Primary Care Medicine: A Practical Approach; Invited Lecture Faculty, Coronado, CA, 2003

American Academy of Pediatrics National Convention; Invited Lecture Faculty, New Orleans, LA, 2003

National Council of Youth Sports National Convention; Invited Speaker, New Orleans, LA, 2003

The 6th Annual School Health Leadership Conference—The Obesity Challenge; Invited Lecture Faculty, San Diego, CA, 2004

Moderator and Program Chairman, American Medical Society for Sports Medicine National Convention; Vancouver, BC, 2004

Pediatric and Adolescent Sports Medicine Course; Lecture Faculty and Program Chairman; Monterey, CA, 2004

Wellness, Health Prevention & Nutrition Workshop; Invited Speaker, Huntington Beach, CA, 2004

Contemporary Forums—Obesity Management & Prevention; Invited Speaker; Seattle, WA, 2004

AAP Practical Pediatrics Course; Lecture Faculty; Naples, FL, 2004

AAP National Convention; Lecture Faculty; San Francisco, CA, 2004

Natural Supplements Conference; Lecture Faculty; La Jolla, CA, 2005

Sports Nutrition Conference; Keynote Speaker; Charlotte, NC, 2005

Joint Commission Sports Summit; Panel Speaker; Colorado Springs, CO, 2005

Arkansas State Pediatric Meeting; Branson, MO, 2005

Practical Pediatrics Course; Lecture Faculty; Beaver Creek, CO, 2005

American Academy of Pediatrics National Convention; Lecture Faculty; Washington, DC, 2005

Pain Management Conference; Lecture Faculty; Carlsbad, CA, 2006

PREP—The Course (Pediatric Board Review); Lecture Faculty; Tampa, FL, 2006

American College of Emergency Physicians Annual Convention; Lecture Faculty; Chicago, IL, 2006

University of Missouri-Columbia 28th Annual Conference *Common Childhood Problems*; Keynote Speaker, Columbia, MO, 2006

PREP—The Course; Lecture Faculty; Toronto, Canada, 2006

American Academy of Pediatrics National Convention; Lecture Faculty; Atlanta, GA, 2006

National Safety Associates Convention; Keynote Speaker; Long Beach Convention Center, 2006

Award winning Case presentation: American Medical Society for Sports Medicine Annual Meeting; Albuquerque, NM, 2007

Overuse Injuries; Annual School Health Conference, San Diego, CA, 2007

Arizona Pediatric Course; Sedona, AZ, 2007

PREP—The Course; Lecture Faculty; Jacksonville, FL, 2007

American Academy of Pediatrics National Convention; Lecture Faculty, San Francisco, CA, 2007

Kiwanis Health Lecturer; San Diego Kiwanis, 2007

Sydney Children's Hospital; Grand Rounds Youth Sports Skill Development; Sydney, Australia, 2007

NSA Nutrition conference; Keynote Speaker; Denver, CO, 2008

PREP—The Course; Lecture Faculty; Phoenix, AZ, 2008

American Academy of Pediatrics Convention; Lecture Faculty, Boston, MA, 2008

American Swim Coaches Association Annual Meeting; Invited Speaker; Las Vegas, NV, 2008

Wellness conference; Invited Speaker; Boca Raton, FL, 2008

FILEX International Fitness Expo; Invited Speaker; Strength Training in Children; Sydney, Australia, 2009

NSA Asia health conference; Invited Speaker; Tokyo, Japan, 2009

BabyCare Convention; Invited Speaker; Beijing, China, 2009

PREP—The Course; Pediatric Lecture Faculty; Portland, OR, 2009

US Tennis Association Junior Elite Development Series; Invited Speaker; Knoxville, TN, 2009

American Medical Society for Sports Medicine convention; Lecture Faculty; Cancun, Mexico, 2010

Queen Mary College Exercise & Sports Medicine course; Lecture Faculty; London, England, 2010

Arizona Academy of Pediatrics CME course; Invited Lecture Faculty; Sedona, Arizona, 2010

US Open Tennis Teachers Conference; Invited Speaker; New York City, NY, 2010

American Academy of Pediatrics Convention; Vito Perriello Memorial Lecture; San Francisco, CA, 2010

Cross Country Education Continuing Education Seminars; Lecture Faculty; 2010

BabyCare Convention; Invited Speaker; Guangzhou, China; 2010

Malaysia Sports Medicine Association; Invited Speaker; Kuala Lumpur, Malaysia, 2010

San Diego News television segment on youth sports; 2011

American Medical Society for Sports Medicine convention; Lecture Faculty; Salt Lake City, UT, 2011

Washington University Sports Medicine Course; Lecture Faculty; St. Louis, MO, 2011

American Academy of Pediatrics Practical Pediatrics Course; Lecture Faculty; Hershey, PA, 2011

Cross Country Education Rehab Summit Course; Lecture Faculty; St. Louis, MO, 2011

IDEA World Fitness Convention; Lecture Faculty; Los Angeles, CA, 2011

Challenge Success conference; Lecture Faculty; Stanford University, CA, 2011

National Safety Associates convention; Program Speaker; Nashville, TN, 2011

American Academy of Pediatrics annual convention; Invited Lecture Faculty; Boston, MA, 2011

American Academy of Pediatrics Practical Pediatrics Course; Lecture Faculty; Steamboat Springs, CO, 2012

Cross Country Education Rehab Summit Course; Lecture Faculty; Boston, MA, 2012

Visiting Professor lecture series; University of Missouri Science & Technology; Rolla, MO, 2013

Practical Pediatrics Course; Lecture Faculty; New York City, NY, 2014 Cross Country Education Rehab Summit; Lecture Faculty; Nashville, TN, 2014